

1. Regio-Cup-Lauf 2020

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| Veranstalter | FSV Köthen e. V. |
| Datum | Sonntag, 08.03.2020, 10 Uhr |
| Ort | Fasanerie Köthen |
| Strecken | 0,4 km; 2,4 km; 4,8 km; 7,2 km |
| Kampfrichter | C. Lehmann |
| Wetter | 8 °C, bedeckt, windstill |

Ergebnisse

0,4 km

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|----------|-----------------|-----|----------------|
| 1:53 min | Sofia Herfurth | WU8 | SC 1927 Köthen |
| 2:16 min | Niklas Damm | MU8 | SC1927 Köthen |
| 2:21 min | Arthur Kitzmann | MU8 | VS |
| 2:22 min | Leonard Saager | MU8 | Sportkids |
| 2:36 min | Frida Jänicke | WU8 | PSV BBG |
| 2:39 min | Franz Jänicke | MU8 | PSV BBG |
| 2:40 min | Franz Goßrau | MU8 | SC 1927 Köthen |
| 3:20 min | Fabian Alex | MU8 | VS |

2,4 km

| | | | |
|-----------|------------------|-----|----------------|
| 10:16 min | Anabell Poida | W13 | Magdeburg |
| 10:41 min | Henrik Twieg | M12 | SC 1927 Köthen |
| 11:49 min | Leonard Herfurth | M08 | SC 1927 Köthen |
| 12:10 min | Carl Tiedemann | M09 | SC 1927 Köthen |
| 12:14 min | Emil Kitzmann | M09 | SC 1927 Köthen |

4,8 km

| | | | |
|-----------|-------------------|-----|----------------|
| 23:54 min | Ronja Twieg | W16 | SC 1927 Köthen |
| 24:35 min | Ellen Jänicke | W35 | PSV BBG |
| 24:42 min | Bettina Pick | W50 | SC 1927 Köthen |
| 24:49 min | Silvana Donath | W40 | SC 1927 Köthen |
| 25:18 min | Kathrin Tschiedel | W50 | FSV Köthen |
| 26:49 min | Conny Twieg | W45 | SC 1927 Köthen |
| 28:37 min | Elke Stöber | W60 | FSV Köthen |
| 29:24 min | Ivonne Kitzmann | W35 | VS |
| 30:44 min | Birgit Ebert | W55 | CFC Germania |
| 41:37 min | Dana Henning | W40 | VS |
| 45:40 min | Otto Kretschmann | M85 | FSV Köthen |

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|-----------|----------------|-----|------------|
| 46:40 min | Georg Sopart | M85 | FSV Köthen |
| 48:28 min | Gertrud Sopart | W80 | FSV Köthen |

7,2 km

| | | | |
|-----------|---------------|-----|------------|
| 31:51 min | Jens Stampnik | M35 | BBG |
| 38:20 min | Rüdiger Grey | M65 | FSV Köthen |
| 46:36 min | Nico Henning | M40 | VS |
| 49:51 min | Lutz Hülsrath | M60 | PSV BBG |